

1. ISOTONIC DRENCH RECIPE – NON STERILE – 5 Litres

- 3g Potassium Chloride (KCl)
- 17g Sodium Bicarbonate (Bicarb of Soda) (NaHCO_3)
- 28g Sodium Chloride (Table Salt) NaCl
- These compounds can be measured and made up in advance and stored in small Ziplock bags. Then added as the active ingredients to 5 litres of hygienic water

2. 0.9% SALINE RECIPE for irrigation or wounds/ sinuses etc - NON STERILE

1 Litre

- 9g Sodium Chloride (Table Salt) NaCl
- 1 litre hygienic water

5 Litres

- 45g Sodium Chloride (Table Salt) NaCl
- 5 litres hygienic water